# Our Journey EWSLETTER







## **DREAMS**

Kristu Jyoti College of Management and Technology

Changanassery Chapter



Dreams doesn't work unless you act

According to Confucius, "A man is great not because he hasn't failed; a man is great because failure hasn't stopped him " Success or failure, every experiment teaches us a lesson and it refines our next experiment. So we say experience is the best teacher. But very often many people hesitate to experiment.

The world may judge an action right or wrong, good or excellent. If one is afraid of failure or of judgement, nothing takes place and the world would come to a halt if everyone is afraid alike.

Vol. No. 1 Issue 2

But that does not happen and the world moves on and on. There are also many who dare to act unmindful of consequence or of judgement.

Conscious humans are normally always courageous and that is why we try to protect ourselves in times of danger. This inner strength of courage or fearlessness dwelling in our core, strengthened through our daily experience, the quality of which decides our future and ultimately our dreams! Who wins? Ofcourse the one who dare to act. Those who fear do not act and nothing comes out of them.



SEBASTIAN THOMAS
CO-DIRECTOR

Most inventions were accomplished not in one go but after a lot of thinking, dreaming, taking risks, trying out new things and obviously after many failed attempts. Many inventors had a vision of their goal but did not have the idea how to proceed, that is why we have Edison who failed a thousand times plus in his attempts to make an electric bulb. We now know that set backs did not bother Edison to deviate from his goal. He persisted to the end and the bulb was invented!

In our case, the much less acclaimed, the sum total of our small experiments are our strength of experience, which when added to our strength of character, becomes one of our main capital for any venture one is planning to undertake, be it a job or business.

When we talk of strength of character, it would be appropriate to mention few character traits that are desirable ingredients in a winners' recipe, namely enthusiasm, discipline, dedication, determination, communication skills etc.

As members of 'DREAMS' team, we need to be up and must be fearless of failure and strengthening our character day by day with our vision in mind. Only then can we motivate and lead others and at the same time build our own selves in the ongoing journey of life.

#### **WORLD DREAMS DAY**



This has much relevance in the present scenario as the people are wounded, world needs healing. As part of the World Dreams Day celebration on KCMT Campus many occurred in side the environs to spread the magic of this special day. The youngsters witnessed that future belongs to those who believe the beauty of their dreams.

The KCMT Dreams Volunteer sets a strong reminder to realise the power of dreams to make a positive vision in the lives around us. So on the occasion of the celebration of world dreams day I urge my dear volunteers to join in to make higher dreams of becoming better humans and together transform the world one dream at a time.

As Harrict Tubeman, a American abolitionist and social activist popularly known as "Moses of her people says, "Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

The World dreams day was launched by the educator and leading transformation al strategists Ozioma Egwuowu. It was created to inspire the need of humanity. Lets be human: A call to action.

Our education system is equality based, where no child is excluded. To learn together to live together as integrated whole is essential. One of the constructive and fruitful out turn of dreams three year project is holistic development of a school student and a college student. So called mentor - mentee system with the interference of the community members ensure a persuasive education.

I urge this initiative so as to improve the personality, tonality and empathy of a volunteer. These attributes come in the form of effective accurate and precise exchange of values. I desperately wish these attributes come into each of the dreams volunteers life thus turn them to complete sentient human being.

~ Meethu Mary George, Faculty incharge Dreams Program , Changanacherry Chapter

#### **DONT BE AFRAID TO DREAM BIG!**



KOCHURANI SHAJU ADULT MENTOR

We should have big dreams. Dreams are a collection of ideas, visions, and aspirations that occur to a person while they are sleeping. It's remarkable what your imagination can conjure up in terms of your future. It's something you aspire to and hope to accomplish in the future.

Dr. APJ Abdul Kalam, the former president of India, claims that, " Dream is not what you see in sleep, dream is something which doesn't let you sleep."

I went to the Dr. APJ Abdul Kalam memorial last week, which is in his hometown of Rameswaram, Tamil Nadu. Kalam's life served as an example of what a motivated person can do in the face of unusual challenges. The different portraits on display there depict his life from his early years up till becoming president of India. He consistently had lofty goals and put a lot of effort into turning India into a technical superpower.

I went to Magic Planet in Kazhakootam, Trivandrum, last week as well. That is the dream of a different character, Mr. Gopinath Muthukad. He is a well-known magician from India. He established the first magic museum as well as the world's first magic academy, The Academy of Magical Science. He uses magic as a medium to get his point across to the general audience. His ultimate goal was to assist youngsters with special needs. With the help of that ambition, he gave up his professional magic career and dedicated his life to helping children with disabilities.

Many children with disabilities perform arts and magic in this facility now, and many of them are salaried permanent employees. The family's current wage earners are the children. The mothers of these kids work at a craft shop. The universal empowerment centre for the differently abled will be build soon. Like these two personalities we should also dream high.

On world dreams day people all over the world are inspired to taken action for their dreams. This day is to remind that we all have the ability to make positive changes in our lives and in the world. We can change world for the better by working together and pursuing our dreams.

#### COORDINATOR'S MESSAGE



REGAN RAJ



DERIN MATHEW

I am truly grateful that i had the opportunity to be the part of Dreams. Initially Dreams seemed like an ordinary platform for social work but once i got to experience what dreams is all about all of my notion of it completely changed.

Dreams was really different and unique from other organizations in their working style and way of thinking. Dreams doesn't need your degree, money or exceptional talents, but it just asks for your dedication and hard work along with some patience. Through Dreams, we try to mould young minds who are confused and astray from their true goals. We aim to bring them to their true potential and make them strive to put in the best version of themselves.

As grownups we can understand the problems they face and struggle with since once we ourselves went through them.

But now we know how important it is to provide support and guidance to a child going through his difficult phase of life. You cannot construct a great building on a weak foundation. We work to help them build this foundation.

DREAMS focuses on the holistic development of young adults achieved through an active engagement between the youth, the community, and the local community volunteers. Apart from focusing on individual strengths and psychosocial skills, the program also promotes their personality development and career goal setting.

Dreams provides you a platform for taking up responsibility and teaches you how to successfully execute it. Everything seemed so unfamiliar at first but knowingly or unknowingly we began to enjoy the ride.

Soon we became a part of the Dreams family by heart. Actually it felt like a challenge as mentoring a person with utmost care was a difficult task.

Things began to fall in place when we met the mentees and shared many beautiful moments through the 5 day Dreams camp. Dreams gave me the courage to take responsibilities, grab opportunities and build my confidence and self esteem. It has taken me closer to my dream giving me faith to focus on it with resolution. While guiding the mentees, my inner child felt safe and guided. Dreams has changed a lot in me for the good.

Dreams was a vibrant opportunity to the mentors and leaders to enhance their hidden talents, spark up their confidence, individual strengths and soft skills.

Once you are committed and attached to this work you will never regret it because the joy we receive from the innocent smiles on those little faces cannot be compared to anything.

Let's Dream Together .....

## **BANGALORE**









Four students from Kristu Jyoti College
- Sen Johnson, Sibel George, Gishnu
Das and Derin Mathew, took off to
participate in an OLT (Outbound
Leadership Training) of DREAMS
,conducted at CHRIST University on 5th
and 6th. It was conducted to test the
leadership capabilities and to enhance
the stewardship and management
qualities of various individuals.

The camp was enriching as it provided a platform to express ourselves and in the process, understand the true values embedded by a good leader. Filled with games, interesting lectures and activities it provided us a platform to introspect our leadership abilities and to become better versions of ourselves.

Various chapters of Dreams arrived at Bangalore to discuss about the structure, management, functioning and most importantly the value it served to the students.







## WORLD DREAMS DAY







**DREAMS CAMP** 











## INTERACTIVE SESSION









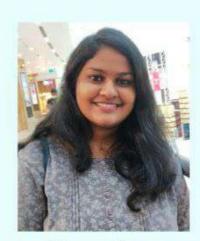
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